

amanecercounselingservices@gmail.com

## **Education/Professional Credentials**

2019

**Completed** , Institute on Pedagogy and Technology for Online Courses , Columbia University



2019

**Certified**, 25 hour Trauma Conscious Yoga Institute in Trauma Conscious Yoga Method

2017

**Licensed Clinical Social Worker**, Pennsylvania State ( License #CWO19645 )

2016

**Licensed Clinical Social Worker, New York State** ( License # 084882)

2013

**Seminar in Field Instruction Certified**, New York State (Hunter School of Social Work Program)

2013

**Licensed Master Social Worker**, New York State (License # 089711)

2007

**Masters of Social Work, Columbia University School of Social Work**

*Concentration: School Based Social Work, Advanced Generalist Practice and Programming*

2003

**Bachelor of Arts, Hampshire College**

Concentrated in cultural studies and media production. Senior Thesis: *From Camera to Conversation: Processes of Community Media Production*

## **Teaching Experience**

MAY 2014- PRESENT

**Columbia University, School of Social Work Online Masters Program**

**Course Developer & Online Faculty**

- *Human Behavior in the Social Environment A, HBSE B: Gender and Sexuality, HBSE B: Trauma and Community Resiliency*

-Responsible for course design and instruction of theories of human behavior, transactional models, eco-systems, stress process models and Developmental Life Course perspective for practice.

- Use of tools embedded in the Learning Management System as well as collaboration with multimedia production team to create and transfer various instructional media elements for online course delivery of Human Behavior in the Social Environment I & II.

- Responsible for the development of a curriculum map for online course instruction, integration of assignments with web based learning platforms such as discussion boards, blogging and collaborative online group work platforms

MAY 2015- July 2020

## **Smith College, School of Social Work**

### **Field Faculty Advisor**

- Responsible for supporting students' development of theory-driven, research informed clinical social work practice values and practice orientation within Field Placements.
- Responsible for grading and feedback of all Field assignments
- Support for Field Instructors through use of Site Visits, feedback and dialogue throughout student internship process

### **Adjunct Faculty (2015, 2018, 2020)**

- *HBSE 334: Racism in the United States, Implications for Social Work Practice*

### **Research Thesis Advisor ( Sept. 2015- June 2017 )**

- - Responsible for the advising, guidance and support for a year long student led research projects

JANUARY 2016 – April 2017

## **Simmons College, Social Work @ Simmons Online MSW Program**

### **Adjunct Faculty**

- *Dynamics of Racism and other Oppressions, January 2016, Spring 2016, Summer 2016, Fall 2016*

- Instruction and facilitation of social justice course focused on histories of social constructions of race and other identities as they relate to contemporary practice.

- *Evaluation for Social Work Practice , Winter and Spring 2016-2017*

AUGUST 2014 – MAY 2016

## **University of New England, School of Social Work**

### **Online Course Facilitator**

- *SSW 514: Program Evaluation*

- Responsible for the instruction of Program Evaluation course using Blackboard and other learning management systems

-Responsible for development and maintenance of online student engagement strategies for learning, accountability and feedback

SEPTEMBER 2012 – FALL 2014

## **Columbia University, School of Social Work**

### **Adjunct Faculty**

- *Foundations of Social Work Practice, Fall 2014, Spring 2014, Fall 2013*
- *Human Behavior in the Social Environment A and B, Fall 2014 Summer 2014, Fall 2013, Summer 2013, Fall 2012*

-Creation of unique Social Justice based Human Behavior in the Social Environment (A & B) courses

- Responsible for Foundations of Social Work Practice course design and instruction of Foundations of Clinical Practice, Group Work, Work with Families, Harm Reduction Skills, Evidence Based Practice and instruction of the therapeutic process

- Responsible for course design and instruction of theories of human behavior, transactional models, eco-systems, stress process models and Developmental Life Course model for practice.

- *Isms Lab: Experiential Learning for Social Justice Practice, Spring 2013, Spring 2014*

-Instruction of experiential learning lab course focused on Anti-Oppressive Social Work Practice

-Development and design of unique curriculum addressing intersectionality of provider and client identities within a socio-cultural context of work

-Facilitation of weekly social experiments which draw attention to the unique impacts of systemic oppression on the social work profession, individual practice and Social Justice ethic of the field.

### **Course Convener**

- *Advanced Standing Integrative Seminar, Summer 2014*

- Development of new Advanced Standing Seminar course syllabus and assignments focused on anti-oppressive social work practice and critical examination of direct service and non-profit safety net system within New York City

- Instruction of cohort of 80 incoming Advanced Standing students

- Responsible for convening course grading system, instruction and oversight of Teaching Assistants, coordination of services and supports for incoming students who require additional academic and advising guidance

JANUARY 2015- DECEMBER 2015

## **Columbia University, School of Social Work**

*Academic and Field Advisor, Office of Advising*

- Responsible for Advising of a cohort of domestic and international students enrolled in the 16 month MSW Program
- Conduct site visits to field placements and work in collaboration with Field Instructors
- Responsible for the development, implementation and monitoring of Corrective Action Plans as needed
- Facilitation of monthly Advising Seminars and a three day Preparation for Practice training with focus on self reflective practice and anti-oppression strategies for engaging in First Year Field Work
- Tasked with monthly review of Process Recordings and distributing grades for the First Year Field Work Course

AUGUST 2009 TO MAY 2012

### **Columbia University, School of Social Work**

*Teaching Assistant, Human Behavior in the Social Environment*

- Responsible for tracking student progress, attendance and participation
- Grading, monitoring and supporting Master Level student assignments and coursework
- Providing lecture and review of course material for Fall, Spring and Summer sessions of HBSE I and II

## **Clinical Practice Experience**

JUNE 2020 TO PRESENT

### **Trauma Conscious Praxis Institute**

*Co-Founder and Lead Consultant*

- Development of training and consulting services for small non-profit, direct service workers and mental health clinicians
- Webinar facilitation and development for "*Frameworks for Trauma Conscious Facilitation 101*"

NOVEMBER 2016 TO PRESENT

### **Amanecer : Feminist Psychotherapy Services**

*Clinician and Sole Proprietor*

- Provide individual assessment, treatment planning, and trauma informed psychotherapy services to socio- culturally diverse adult population diagnosed with depression, PTSD, and other affective disorders
- Specialization work with LGBTQ and TGNC young adults and families, emerging adults with Foster Care involvement and individuals with complex trauma histories
- Active use of anti-oppressive and Feminist Psychotherapy frameworks for understanding trauma experience, issues related to marginalization, bias and mental health care

JANUARY 2018- PRESENT

### **EmPowerME Consulting**

*Clinical Consultant and Facilitator*

- **2020**, Collaborative Trainer for Webinar titled: Racial Trauma and Healing and facilitation of racial affinity group post-presentation. Audience of 655 clinicians and direct service providers throughout the state of California.
- **2018-2020** Racial Affinity Group Facilitation  
Facilitate monthly Racial Affinity group sessions for direct care staff, clinicians and supervisors at a large state funded family and child welfare agency in Oakland, CA . Responsible for development of group engagement strategies and building on curriculum for group learning process

JANUARY 2014 TO NOVEMBER 2016

## **Aldea Counseling Inc., PC**

*Clinician*

- Provide individual assessment, treatment planning, and trauma informed psychotherapy services to socio- culturally diverse adult population diagnosed with depression, PTSD, and other affective disorders
- Specialization work with LGBTQ young adults and families, emerging adults with Foster Care involvement and individuals with complex trauma histories
- Active use of anti-oppressive frameworks for understanding trauma experience, issues related to marginalization and mental health care
- Provide Psychosocial and Diagnostic Assessment
- Holistic, individualized resourcing for clients including use of meditation, grounding, aromatherapy and mind-body wellness approaches

JUNE 2010 TO FEBRUARY 2014

## **Community Access, Dorothy McGowan Residence**

*Senior Clinical Social Worker*

- Responsible for individual and group mental health, harm reduction, and trauma focused weekly counseling and crisis interventions
- Responsible for care coordination, public benefits systems navigation and advocacy, and collaborative psychiatric case planning
- Development of holistic health programming, psycho-educational groups and creative mental health interventions with LGBT formally homeless and previous foster care engaged young people
- Educational and employment assistance through individualized employment coaching, educational planning and assistance with Higher Education processes' for previous Foster Care involved young adults and adults with behavioral and mental health needs
- Contributing member of the Community Access Harm Reduction Committee, responsible for coordinating Harm Reduction based psycho-educational materials for agency consumers, and professional development opportunities
- Created and led site-specific trainings on topics such as: stress response process, motivational interviewing, empathy strain/burn out prevention and assessment, case presentation techniques.
- Field Instructor for Hunter School of Social Work, MSW 16 Month student intern. Tasks included development of Educational Plan, weekly supervisions, providing Process Recording feedback and targeted clinical psychotherapeutic intervention training.

APRIL 2009 TO MAY 2011

## **Columbia University, School of Social Work Writing Center**

*Consultant*

- Responsible for meeting with individual students to review and edit assignments
- Support students with their English language skills, written work and comprehension of assignment guidelines

JANUARY 2009 TO JUNE 2010

## **Chinese American Planning Council, Project Reach NYC**

*Social Worker & Project Coordinator*

- Responsible for the development and management of the OutRight Consortium's individual mental health counseling, case management and LGBTQI support-group systems
- School Based- outreach, support and counseling within multiple school partnership sites
- Provide individual, family, and group counseling on-site as well as within schools and community organizations as needed
- Support and development of original health access programming and services related to mental health, health and social justice organizing projects within partnership schools
- Responsible for the creation of curricula and professional development trainings specific to emerging Social Work issues and best practices for mental health and community health projects
- Facilitation of Project Reach's core Anti-Discrimination trainings and original workshops. Topics include: Homophobia/Heterosexism, Anti-Sexism, Gender 101, Youth Development 101 and Assets Based Approaches
- Task Supervision for Hunter College School of Social Work, MSW level intern

AUGUST 2008 TO JANUARY 2009

## **McBurney YMCA**

*Program Director, Teen and Middle School Programs*

- Responsible for the management and supervision of all Branch-based, fee-for-service, and off-site High School-based Teen and Middle School programs.
- Recruit, train, supervise, and evaluate program coordinators, program staff and volunteers
- Ensure that supervisees receive appropriate training that is consistent with professional goals.
- Serve as Task Supervisor for MSW Intern placements.
- Develop, track, and manage departmental and government contract budget in accordance with Branch, Association and regulatory compliance
- Responsible for counseling and triage for all school based intensive case management needs

MAY 2007 TO AUGUST 2008

## **YMCA Teen Action at Washington Irving High School**

*Program Director*

- Serve as a supervisor to staff, volunteers, interns and youth employees
- Responsible for Task Supervision of Clinical MSW and MFA college interns
- Organize and coordinate external relationships with collateral organizations based on student's needs
- Carry out School Based Case Management responsibilities as well as oversee informal counselors
- Employ crisis intervention, Harm Reduction and clinical mental health service linkages for teen participants
- Responsible for documentation and reporting for funding and collateral agreements
- Responsible for payroll, budget management and Program Contract compliance

AUGUST 2006 TO MAY 2007

## **YMCA Teen Action at Millennium High School**

*Leadership Development Coordinator*

- Serve as adult advisor to the Teen Action Leaders' Club using a social work group method
- Responsible for the development and advising of the Millennium High School Gay-Straight Alliance and Phoenix Video Program
- Conduct formal School Based Counseling sessions, documentation and CBO service linkages
- Collaborate with the Department of Education to produce social justice events and programming

JULY 2006 TO SEPTEMBER 2006

### **Center for Family Life in Sunset Park**

*Summer Youth Employment Program (SYEP) Adult Workshop Leader*

- Responsible for facilitating daily workshops at multiple Brooklyn program sites
- Responsible for ensuring proper workplace safety protocol for all SYEP

AUGUST 2005 TO MAY 2006

### **Center for Urban Community Services, at the Times Square Hotel**

*MSW Intern & Case Manager*

- Develop and maintain treatment plans in collaboration with severe and persistently mentally ill, HIV+, substance dependent clients.
- Provide individual counseling and goal planning with clients
- Conduct and document mental status exams, physical health and stability assessments for Individual clients
- Provide entitlements assistance for Medicare, Medicaid, HASA, and CASA clients

2003 TO 2005

### **JRI Health, Gay and Lesbian Adolescent Social Services Community Center**

*Education & Development Coordinator*

- Responsible for the hiring, retention, training and program management of the Peer Leadership Program
- Developed and implemented innovative, youth centered, HIV Prevention and Harm Reduction curriculum
- Conducted daily informal counseling and supported referrals for youth members
- Trained new staff and volunteers in areas of GLASS Safety and Policy, intake and program facilitation
- Co-led a pilot Research initiative, Participatory Community Action Research

2001 TO 2005

### **Boston GLASS Community Center**

*Youth Video Project Founder and Coordinator*

- Founded program in 2001, with grant support from Hampshire College
- Maintained and facilitated a creative forum for youth to produce and direct original themed media
- Conducted all technical video and computer training for participants

## **Publications, Peer Reviewed**

Ortega, Amelia. (2019) "*They Don't call it Work for Nothing*": Navigating Classism in Academic Relationships. Presumed Incompetent II, The Intersections of Race and Class for Women in Academia. University of Colorado Press.

Amelia Ortega, Malwina Andruczyk & Matthea Marquart (2018) Addressing microaggressions and acts of oppression within online classrooms by utilizing principles of transformative learning and liberatory education, *Journal of Ethnic & Cultural Diversity in Social Work*, 27:1, 28-40, DOI: 10.1080/15313204.2017.1417945

Ortega, A., Marquart, M., and Andruczyk, M. (2015, April 16). *Addressing Acts of Oppression Within Online Classrooms: Best Practices and Collaborative Solutions*. Workshop presented at the Social Work Distance Education Conference, Indianapolis, IN. Slides deposited in Columbia University's Academic Commons: doi:10.7916/D8PKoFgH

## Selected Consulting , Training and Public Speaking Experience

- August, **2020**, Guest Presenter , Hampshire College , James Baldwin Scholars Program  
Topic: Trauma and the Body: Building Personal Insight to Reduce Harm
- July **2020**, Guest Presenter, George Washington University , LGBTQ Health Certificate Program  
Topic: Strong Practices in Mental Health Care with LGBTQ Community
- June **2018**, Trainer, St. Cloud University Anti-Racist Pedagogy Across the Curriculum
- March **2017**, Trainer/Facilitator , Columbia University CEU Workshop, "Antidotes to Whiteness: Somatic Techniques for Anti-Racism Facilitators"
- June **2016**, Trainer, St. Cloud University Anti-Racist Pedagogy Across the Curriculum
- April **2016**, Guest Lecturer, University of California Berkeley, " Harm Reduction in Clinical Practice"
- April **2015** , Presenter, CSWE Distance Learning Conference. Addressing Acts of Oppression within Online Classrooms: Best Practices and Collaborative Solutions.
- April **2014**, Panelist, Columbia University School of Social Work. *Deconstructing Mental Health Stigma and Barriers in Communities of Color.*
- March **2013**, Panelist, U.C Berkeley Center for Gender and Law: Presumed Incompetent Symposium Presented on the topic of "*Solution Building: Addressing internalized oppression for women of color teaching in higher education.*"
- **APRIL 2010**: Workshop Facilitator, Trans Justice Support Group at the **Audre Lorde Project**, Brooklyn NY. Designed and facilitated original training for trans women's support group. Topic: *Beyond Body Image, Understanding Sizeism*
- **MARCH 2008**: Workshop Facilitator, **Teen Awareness Day Millennium High School**. Topic: *Healthy Relationships and Positive Communication*
- **AUGUST 2006**: Trainer, **Kaiser Permanente Santa Rosa Health Clinic**. Facilitation of original training, Topic: *Health Care Providers Awareness Development: Comprehensive Care for LGBTQI Young People*
- **JULY 2005**: Workshop facilitator, Affirming LGBT/Queer Community; **Creating Connections: Linking Anti-Oppression work in Our Communities Conference; National Organization of Men Against Sexism**; Boston, MA.

## Certifications

2020

**EMDR CLINICAL TRAINING PART III, COMPLETION OF THE LAUREL PARNELL INSTITUTE**

2017

**EMDR Clinical Training Parts I and II , Laurel Parnell Institute**

**Completion of EMDRIA Required Supervised Clinical case hours, Nov. 2017**

2013

**Certified, Opioid Overdose Prevention Naloxone Administrator, Harm Reduction Coalition and the State of NYC Department of Health.**

## Technical Skill and Competencies

**Learning Management Systems:** Courseworks (Sakai), Blackboard, Canvas, Adobe Connect, Zoom



**Social Media and Media Production for classroom/instructional use:** Edblogs, Twitter, iMovie, Wix, Tumblr, Big Blue Button

**Software:** Microsoft Office (Publisher, Word, Excel), Adobe Photoshop, and Adobe Premiere, Powerpoint and Prezi

## **Honors & Awards**

- 2020, Recipient of the Sapphire Leadership Award, NASW – NYC
- 2019, Recipient of the Latinos 40 Under 40 Award NYC, Negocios Now
  
- 2019, Recipient of the Steven Schinke Teaching Innovation Award, Columbia University School of Social Work
  
- 2008, Recipient of the Adult Cultural Pride and Competency Award, YMCA of Greater New York Assets Champions
  
- 2007, Recipient of the Gonzalez Scholarship, Columbia University
  
- 2006, Recipient of the School of Social Work Merit Scholarship, Simmons College

